## 2019 National XC Relays

Keighley & Craven Ac Leeds City AC

 Sheffield Hallam University AC 'B'
 00:10:37.55 (40)

 Sale Harriers Manchester 'B'
 00:11:05.10 (43)

 City Of Norwich AC 'B'
 00:11:40.65 (44)

Sutton In Ashfield Harriers & Ac 00:12:49.85 (45)

00:10:04.10 (33)

00:10:08.40 (36)

K Atkinson

V Merrick

E Findlay M Gibbons B Henshall

F Storm

## Junior Women

18

00:10:04.100 252

00:10:04.10023200:10:08.40025400:10:37.55027200:11:05.10026600:11:40.650242

00:12:49.850 276

Complet	e								
Pos	Time	bib	Team	Leg1		Leg2		Leg3	
1 0	0:27:10.300	283	Wolverhampton & Bilston	00:08:24.30 (1)	A Samuels	00:09:36.90 (3)	J Humphreys	00:09:09.10 (1)	G Chattwood
2 0	0:27:13.650	250	Herne Hill Harriers 'A'	00:09:43.15 (26)	K Balme	00:08:44.10 (6)	A Brown	00:08:46.40 (2)	S Millard
0	0:27:20.700	274	St Mary's College AC	00:08:29.05 (2)	l Fry	00:09:13.15 (1)	B Briggs	00:09:38.50 (3)	J Hodder
0	0:27:34.150	236	Bracknell AC 'A'	00:09:09.55 (9)	E Carey	00:08:40.60 (2)	A Quirk	00:09:44.00 (4)	A Wills
5 0	0:27:57.250	227	Aldershot Farnham & District 'A'	00:08:45.05 (5)	M Grice	00:09:35.80 (4)	N Reid-Smith	00:09:36.40 (5)	K Brown
5 0	0:28:15.350	277	Thames Valley Harriers 'A'	00:09:12.50 (13)	S Kebbell	00:09:35.65 (7)	I Franco	00:09:27.20 (6)	C Buckley
7 0	0:28:25.350	249	Hallamshire Harriers Sheffield	00:09:10.70 (11)	S Huxham	00:09:12.15 (5)	K Palfreeman	00:10:02.50 (7)	L Trask
8 0	0:28:39.950	239	CharnwoodAC 'A'	00:09:22.35 (19)	A Hammersley	00:09:35.50 (11)	E Here	00:09:42.10 (8)	M Atkinson
ə 0	0:28:44.350	262	Rotherham Harriers And Ac	00:09:11.70 (12)	E Ball	00:10:05.95 (14)	E Holden	00:09:26.70 (9)	K Rennocks
10 0	0:28:53.250	265	Sale Harriers Manchester 'A'	00:08:36.75 (3)	F Brint	00:10:17.50 (10)	A Davey	00:09:59.00 (10)	B Thornton
11 0	0:28:56.150	281	Windsor Slough Eton & Hounslow	A000'x0'9:16.55 (16)	M Ormond	00:09:58.50 (13)	M Hodgson	00:09:41.10 (11)	M Jones
12 0	0:29:01.500	229	Basingstoke & Mid Hants Ac 'A'	00:09:21.30 (18)	R Bullock	00:09:29.55 (8)	M Deadman	00:10:10.65 (12)	I Mannion
	0:29:12.650		Bedford & County AC 'A'	00:08:57.45 (8)	T Wilson	00:09:56.20 (9)	J Smith	00:10:19.00 (13)	L Nichols
	0:29:38.300		Reading AC 'A'	00:08:43.70 (4)	K Rodda	00:10:28.05 (12)	Runner B260	00:10:26.55 (14)	Runner C260
	0:29:43.600		Halesowen ACC	00:09:13.45 (14)	L Higgins	00:10:19.85 (15)	K Simpson	00:10:10.30 (15)	A Saker
	0:29:58.250		Blackheath And Bromley Harriers		Y Austridge	00:10:04.10 (18)	M Smith	00:10:08.35 (16)	A Leach
	0:30:05.650		Sheffield Hallam University AC 'A'		T McGraw	00:10:12.90 (16)	L Ferris	00:10:29.10 (17)	A McQueen
	0:30:21.550		Mansfield Harriers	00:09:41.75 (25)	L Cocking	00:10:22.40 (20)	M Roberts	00:10:17.40 (18)	M Scott
	0:30:37.150		Stroud & District AC	00:09:18.45 (17)	A Testar	00:10:42.05 (19)	M Hilton	00:10:36.65 (19)	I Padfield
	0:30:40.100		City Of Norwich AC 'A'	00:09:51.50 (30)	E Taylor	00:10:15.55 (21)	S Peach	00:10:33.05 (20)	K Goldsmith
	0:30:55.650		Salford Harriers & Ac	00:10:02.75 (32)	L Haywood-Perciva	. ,	C Hooper	00:10:46.50 (21)	R Mason
	0:31:09.500		Tonbridge Ac	00:10:02:75 (32)	I Nicholson	00:10:15.25 (23)	E Heslop	00:10:41.00 (22)	S Puxty
	0:31:24.400		Ealing Southall & Middlesex AC	00:09:37.40 (22)	N Ravenhill	00:11:31.85 (29)	C Thomas	00:10:15.15 (23)	J Leane
	0:31:41.600		St Albans Striders	00:10:33.85 (39)	C Eckley	00:10:28.10 (27)	K Stern	00:10:39.65 (24)	E Ilari Barampout
	0:31:41.000		Peterborough & Nene Valley AC	00:10:33.63 (39)	E Piccaver	00:10:28:10 (27)	A Park	00:10:51.75 (25)	I Woodward
	0:32:30.850		Thames Valley Harriers 'B'	00:09:43.15 (27)	A Casey	00:10:42:93 (30)	G Hanley	00:11:29.20 (26)	J Dring-Morris
	0:32:30.850		Newark Ac	00:09:45.15 (27)	Runner A258	00:11:18:50 (28)	Runner B258	00:11:29.20 (28)	Runner C258
Incomple	ete								
Pos	Time	bib	Team	Leg1		Leg2		Leg3	
. 0	0:19:37.050	247	Grantham Ac	00:09:10.60 (10)	S Brook	00:10:26.45 (17)	I Hobday		
2 0	0:20:33.350	232	Bedford & County AC 'B'	00:09:40.50 (24)	L Shepherd	00:10:52.85 (24)	A Vinnicombe		
0	0:20:43.450	230	Basingstoke & Mid Hants Ac 'B'	00:10:06.35 (35)	M Watson	00:10:37.10 (25)	C Edwards		
0	0:21:05.950	255	Leicester Coritanian AC	00:09:38.65 (23)	G Smith	00:11:27.30 (28)	B Moores		
0	0:21:17.700	251	Herne Hill Harriers 'B'	00:10:05.45 (34)	A Hobday	00:11:12.25 (31)	J Hayward-Bhikha		
0	0:21:56.900	233	Birchfield Harriers	00:10:41.10 (41)	G Mitchell	00:11:15.80 (33)	C McMorrow		
0	0:23:34.600	263	Royal Sutton Coldfield AC	00:10:59.45 (42)	C O'Connor	00:12:35.15 (34)	E Cavendish-Tribe		
3 0	0:08:47.250	280	Vale Royal Ac	00:08:47.25 (6)	H Smith				
	0:08:52.050		Cambridge & Coleridge AC	00:08:52.05 (7)	S Flockhart				
	0:09:13.800		Gateshead Harriers & AC	00:09:13.80 (15)	C Wellings				
	0:09:31.000		Shaftesbury Barnet Harriers 'A'	00:09:31.00 (21)	L Radus				
	0:09:55.900		Reading AC 'B'	00:09:55.90 (31)	Runner A261				
	0.10.04 100		Keighlau & Cravan An	00:10:04 10 (32)	K Atkinson				